



WELLNESS CENTER & SPA

# Spa Menu

## *Wellness Facials*

### **Defy 3-in-1 Super Facial** - 60 Mins \$170

Combat fine lines and stimulate collagen production through gentle exfoliation featuring Azelaic acid, arbutin, to lighten paired with OxyGeneo 3-in-1 super facial technology.

Results: Refreshed, Renewed, Tightened Skin

Modalities: OxyGeneo technology, Tripolar Radio Frequency, Ultrasound, Dermaplane

Skin Type: Dull, Devitalized Skin

### **Chill Facial** - 50 mins \$130 & 75 mins \$165

Release Facial muscle tension, increase circulation, reduce inflammation and remove lymphatic fluids for less puffiness while addressing external damage caused by environmental stressors with Gau Sha.

Results: Calmed, Refreshed, Tranquil Techniques

Modalities: Gau Sha, LED Light, Cool Mask

Skin Type: Mentally & Physically Stressed Skin, Rosacea

Enhancements: Dermaplane- \$20

### **Nourish Facial** - 60 mins \$130

Hydrate and calm sensitized skin with poly hydroxy acids. Infuse the skin with actives that stimulate, repair and rejuvenate. Firm and tone to stimulate collagen production and give skin a luminous glow.

Results: Stimulate, Renew and Rejuvenate Skin

Modalities: Sonic Wave, LED Light, Oxygen

Skin Type: All

Enhancement: Dermaplane - \$20

### **Clear Facial** - 30 mins \$80

Get clearer, smoother skin with clarifying alpha hydroxy acids paired with extended extractions

Results: Clear, Less Congested, Bacteria Neutralizing

Modalities: Oxygen, Sonic Wave

Skin Type: Blemish Prone Skin

**Fire & Ice Facial** – 60 mins \$150

This intense clinical facial is designed to encourage safe and rapid exfoliation of the skin, softening and smoothing the overall look and feel of the skin. A combination of two therapeutic masques, intensive resurfacing masque and rejuvenating masque. This incredible facial is complemented by a unique combination of serums and creams.

**Dermaplane Facial** - 30 mins \$80

Remove vellus hair for a smooth complexion, along with a light exfoliation.

Results: Exfoliated, smooth complexion

Skin Type: All

**Vineyards Ultimate Wellness Package** - (Maintenance pkg of 3 facials) 30 mins. - \$275

Our pro-youth package provides 3 facials focused on specific skin health, exfoliation, hydration and tightening.

Results: Youthful, Radiant Glow, Tightening

Skin Type: All (Customized Treatment)

Modalities: Tripolar Radio Frequency, Ultrasound, LED light, Microdermabrasion

Enhancement: Dermaplane - \$20 ea.

## *Medical Skin Therapy*

**RF Facial** - 60 mins \$150

Uplift and tone skin to turn back time. Double enzyme exfoliation deeply cleanses skin while a protein-infused mask provides stimulation to facial muscles.

Results: Gentle Exfoliation, Tight and Bright Skin.

Modalities: Radio Frequency

Skin Type: Aging, Loss of Laxity

Enhancement: Dermaplane \$20

**RF Microneedle (Face & Neck)** - 30 mins \$225

**Face, Neck, Chest** - \$325

RF Microneedle stimulates collagen growth through two modalities. The first, radio frequency, feels like heat on your skin to heat the dermis. Traditional micro needling further stimulates the creation of growth factors by creating micro-injuries to the skin. RF Microneedle uses specialized needles that delivers RF energy through these punctures simultaneously. Topicals are applied to target skin concerns. An A- list aesthetic treatment!

Results: Smooth, Hydrated, Lift & Tighten, Vibrant Skin

Modalities: Radio Frequency, Microneedle, LED Light

Skin Type: All, Scarring, Loss of Laxity

Enhancement: IPL \$100

**Microneedle** - 30 mins \$175

Traditional microneedle creates microscopic injuries to the surface of the skin causing the cells to go into rejuvenation.

Results: Refreshed, Toned Skin

Modalities: Microneedle

Skin Type: All

Enhancement: Dermaplane \$20

**Microdermabrasion and Peel** - 30 mins \$150 (Face or Upper Back)

Traditional crystal microdermabrasion, along with an alpha hydroxy peel will leave your skin radiant and refreshed.

Results: Exfoliated, bright, smooth skin

Modalities: Microdermabrasion

Skin Type: Most, not recommended for sensitive, rosacea

**Perfect Derma Peel** - 30 mins \$175

Excellent peel for dramatically reversing the signs of aging, including hyperpigmentation, fine lines, wrinkles and rough texture. An A-list aesthetic treatment!

Results: Reduce Pigment, Brighter Skin, Revive Dry Skin.

Modalities: LED Light \$10

Skin Type: All, dull, hyperpigmentation, including melasma, rosacea

**IPL (Face or Chest)** 30 mins \$175

**IPL (Face, Neck, Chest)** \$275

**IPL (Hands)** \$30

**IPL (Half Arm)** \$200

**IPL (Full Arm)** \$300

IPL, also known as intense Pulsed Light Therapy or photo facial, uses cutting-edge technology to produce younger-looking skin with an even tone reducing vascular redness and hyperpigmentation (brown spots).

An A-List aesthetic treatment!

Results: Even skin tone, stimulates collagen

Modalities: IPL

Enhancements: AHA Peel \$40

**Smart Peels** - 30 mins \$99

The Vineyards Spa delivers specially selected Smart Lunchtime Peels with innovative formulas that deliver a superior clinical correction and maximum brightening while limiting inflammation. A great choice for anyone that is outdoors often in the sun and seeking less aggressive, more progressive treatments!

Recommend 3 treatments, 1 month apart for maximum improvement.

**Peptide Carboxy Peel** - Reduces skin pigmentation. Intense skin moisture. Formulated to restore the natural skin pH gradient. Active exfoliating enzymes renew skin gradually. Increase the overall skin radiance caused by photo-aging (aging caused by excessive UV radiation). There is no peeling with this treatment.

**Water Infusion Peel** - Infuses intense skin moisture. Formulated to restore the natural skin pH gradient. Improves the skin and Photo-aging (skin aging caused by excessive UV radiation). There is no peeling with this treatment.

**Retinol Peel 4%** - It can take months to see the benefits of Retinol. If you want the rejuvenating effects of a retinol treatment, but with less time, this peel is for you. It still delivers brighter more even skin, but with only 2 days of light peeling.

## *Massage*

**Chill Massage** - 60 Mins \$120/ 90 Mins \$165

Our take on a classic Swedish Massage. Long, flowing movements of light to medium pressure designed to relieve mental and physical stress, and encourage a deep sense of well-being.

Intention: Calm, relax and reduce tension.

Suggested Pairing: Warm Stones

**Defy Massage** - 60 mins \$120/90 Mins \$165

Eliminate muscle tension with Deep Tissue massage techniques that powerfully target tight muscle groups. Arnica helps to soothe and restore, while rosemary, basil and bay lur promote circulation.

Intention: Reduce pain and stiffness, increase range of motion

Suggested Pairing: Back Scrub

**Aromatherapy Massage** - 60 mins \$120/90 mins \$165

Drift away with the nurturing power of touch combined with the powerful sense and smell of aromatic oils to balance and heal the body. Your choice of Balance, Rest, Renew or Detox customizes your session.

Suggested Pairing: Warm Stones

**Tranquil Stone Massage** - 75 Mins \$145/90 Mins \$165

Melt muscular tension with warm stones and Swedish massage techniques. Nurturing movements quiet the nervous system, guiding the way to restoration and healing.

Intention: Ease muscle tension and stress, promote a calm and tranquil spirit.

**CBD Massage** - 60 mins \$145/90 Mins \$185

Combines nature's remedy with skilled massage techniques to powerfully influence the body. Light, medium or deep pressure combined with 2000 mg of CBD delivers impressive effects to the body and mind.

Suggested Pairing: Peppermint foot indulgence

**Rapid Relief Massage** - 30 mins \$70

This 30-minute time sensitive massage will focus on an area of concern for quick relief.

Intention: Relieve pain, improve range of motion.

Suggested Pairing: Warm Stones

**Lymphatic Drainage Treatment** - 90 Mins \$200

Long, gentle and rhythmic movements aim to restore the lymphatic system's optimal function.

Intention: Relieve swelling, support the immune system

**Clear Body Scrub** - 60 mins \$150

Clarify and detoxify clogged pores and tighten skin through deep exfoliation with active ingredients such as lemongrass, jasmine and ylang ylang. Enjoy a luxurious full body moisturization to enhance your experience.

Intention: Hydrate and brighten dull skin.

**Reflexology** - 60 mins \$135

Pressure applied to specific points on the feet, hands and/or ears aims to promote wellness in other areas of the body, supporting optimal function in the body.

Intention: Overall well-being, relieve tension and increase circulation

**Emmett Session** - Up to 45 Mins \$125

Application of light pressure at specific points enable gentle release for any common conditions. Results are often instant and can be dramatic even for first time clients

Intention: Address pain and discomfort and improve body movement.

**Pre-Natal Nurture Massage** - 60 Mins \$120

Provides essential relaxation and ultimate comfort for the mother to be. This light to medium pressure soothes areas of tension, reduces stress and promotes balance through all the changes of trimesters two and three.

## *Massage Pairings*

**Peppermint Foot Indulgence** - \$25

Icy peppermint, menthol, arnica and warm towels rescue tired feet and calves, invigorates the senses and revives the skin.

**Warm Stones** - \$25

Warmed river rock become an extension of your therapists' hands to reduce tension and stress over one area of the body.

**Back Scrub** - \$25

Whipped body scrub gently exfoliates your back, stimulates blood flow and breathes new life into your skin.

**15 Minute Upgrade** - \$25

Add 15 mins to your scheduled session for extra focus on needed areas.

## *Brow Bar*

### **Brow Lamination - \$75**

Eye brow lamination is relatively a new procedure that focuses on creating shiny, smooth brows. The high shine effect tends to be sought after by those experiencing thinning or unruly brows. Lamination is also a good fit if you want to style your brows a certain way. Overall, brow lamination tends to make brows look fuller.

### **Brow Wax & Trim - \$20**

Tweeze and/or wax excess hairs for the perfect arch.

### **Brow Tint - \$25**

Tinting for color enhancement or changes

### **Brow Tint and Lamination - \$90**

Combining an eyebrow tint with lamination will darken the color of your brows and add depth.

### **White Blitz LED Blue Light Teeth Whitening - \$80, \$95**

Teeth Whitening is a low-risk treatment and is suitable for most clients. LED light emitting cold blue light activates hydrogen peroxide and accelerates the whitening process. Treatments are very quick and painless. Choose a Regular (quick) 15 minute "Pick me up whitening" or a Stronger (double) 30-minute treatment.

## *Hair Care*

### **Ladies Hair Cuts**

Haircut Only (no blow dry) - \$45

Haircut, Blow-Dry & Style - \$70

Bang Trim - \$20

### **Color Services**

All Over Color - \$100

Color Retouch - \$75

Color Gloss/Semi-Permanent - \$40

Full Highlight or Lowlight - \$155

Partial Highlight or Lowlight - \$95

Balayage - \$185

*Balayage is a visual hand-painted technique that gives a more subtle "natural" result compared to traditional highlights*

Face Frame Highlight or Color Accent - \$50

## **Styling**

Shampoo, Blow-Dry and Style (No Cut) - \$55

Updo - \$75

Bridal Updo - \$85

## **Enhancements and Treatments**

### **OLAPLEX Reconstructive Treatment - \$45**

Olaplex Bond Building Technology works on a molecular level to repair damaged and broken bonds.

### **Advanced Repair Conditioning Treatment - \$25**

Deep Conditioning Mask to hydrate dry hair.

### **Brazilian Blowout - \$275**

A Brazilian Blow-out creates a protective layer around each strand of hair using a liquid protein, amino acid with a tri-nutrient complex. Adding this special formula will strengthen and smooth hair strands. Seal and protect hair from damage and humidity up to 12 weeks. Can be done the same day as a color service.

### **Brazilian Blowout Rewind - \$45**

REWIND is an anti-aging reparative in salon service over-engineered to instantly reverse the signs of aging and correct years of structural and external damage to chemically treated, mechanically compromised and maturing hair. Results are immediate, preventative, and last up to 10 washes.

### **Brazilian Blowout Express - \$150**

Brazilian Blowout Express has a built-in cleanser so you get the cleanse and smooth in one step. Lasts up to 4 weeks of smooth, frizz free hair.

### **Cezanne Classic Smoothing Treatment**

The Cezanne keratin treatment is a semi-permanent hair treatment that smooths and adds shine to frizzy hair.

### **Glitter Hair Strands - \$5 ea.**

Glitter hair is thin, colorful iridescent strands that attach to a single strand of your actual hair. Once applied, the strands can last anywhere from two weeks to two months.

### **Gentlemen's Hair Services**

Gentlemen's Haircut - \$27

Gentlemen's Beard Trim - \$15

Junior & Child (Jr. ages 10-15 / Child ages 9 and under) -

Haircut Only - \$20

Haircut & Style - \$25

## *Nail Care*

### **Classic Manicure \$35**

This dry manicure includes nail trim, cuticle care, hand massage and finish with a choice of buffing nails or dazzle dry polishes, the only quick drying, long lasting natural nail care system mother nature approved.

### **Classic Pedicure \$50**

This pedicure includes nail trim, cuticle care and sugar scrub exfoliation. Feet are pampered in hot boots for deeper conditioning. This pedicure is finished with a choice of cleaned buffed nails or long-lasting dazzle dry polishes.

### **Vineyards Wellness Manicure \$45**

One of our most requested services that includes everything that a classic manicure paired with a paraffin treatment to help restore moisture, sooth muscles and joint pain in the hands.

### **Vineyards Wellness Pedicure \$60**

One of our most requested services that includes everything in a classic pedicure paired with a paraffin treatment to help restore moisture, sooth muscles and join pain in the feet.

### **Gel Manicure \$45**

Experience the longevity of gel polish with this manicure. Includes cuticle care, nail trim and one of gel polish of your choice. Gel polish can last 2-3 weeks with proper care.

### **Gel Pedicure \$60**

Experience the longevity of gel polish with this pedicure. Includes all steps in a classic pedicure and one color of gel polish of your choice. Gel polish can last 2-3 weeks with proper care.

### **Polish Change \$20**

Hands | Feet

### **Child's Manicure \$25**

### **Child's Pedicure \$40**

Available for children 3-9 years old.